

## PURIFYING BACK TREATMENT (30 MINUTES)

**A deep cleansing back treatment for those with congested, breakout prone or acne skin.**

**Skin type/condition:**

Clients with congestion, breakouts or acne on the back area.

**Treatment time:**

30 minutes.

**Treatment description:**

Using purifying essential oils to deep cleanse and unclog the skin this treatment targets a problematic back area. Zones in on breakouts to help clear blemishes with powerful botanicals while our detoxifying seaweed mask deep cleanses and re-mineralises the skin. (30 minutes).

**Homecare products to recommend:**

Corelle Bath & Shower Gel  
Clearing Aromatic Serum  
Rescue & Repair Moisturiser

1. Begin with client lying face down, exposing the back area to the base of the sacrum. Dispense **Corelle Bath & Shower Gel** (or **Anti-Bac Skin Wash** if client has breakouts) into wet hands and foam with warm water. Spread evenly over area and cleanse thoroughly using circular movements with flat hands.
2. Remove thoroughly with steam towels / hot mitts customised with **Lavender Hydrolat**.
3. Mix 5ml of **Salt & Seaweed Scrub** with 3 pumps of **Aqua-Mass** to a paste consistency and apply to back in 3 long flowing strokes and work into the skin using circular movements. Concentrate on areas of congestion and use light pressure on any breakout prone areas.
4. Remove thoroughly with steam towels / hot mitts customised with **Lavender Hydrolat**. Dry client thoroughly with towel.
5. (Optional step) Dispense 3-4 pumps of **Desincrustation Gel** into a small bowl and whisk with brush until a foam consistency is achieved. Apply to any areas of congestion for 5 minutes. (Steam may be used at this time if available). Perform extractions and blot extracted area with **Lavender Hydrolat**.
6. Gently spread 12 drops of **Clearing Aromatic Serum** to back area.
7. Place 50ml (1 scoop) of **Marine Mud Body Wrap** in bowl and customise with 5-10 drops of **Clearing Aromatic Serum**. Stir into a pliable consistency and smooth over entire back area. Cover with disposable spa sheet and towel for warmth and comfort. Leave on skin for 10 minutes.
8. Massage arms with **Clearing Massage Oil**.
9. Remove **Marine Mud Body Wrap** thoroughly with steam towels / hot mitts customised with **Lavender Hydrolat**. Dry client thoroughly with towel.
10. Finalise treatment with application of **Rescue & Repair Mosituriser** customised with **Lavender Hydrolat** to entire back area.