

Winter Rescue Facial (60 minutes)

As winter approaches so does the onset of external changes to our skin which can lead to uncomfortable issues. Combat the effects of cold wind and warm central heating with this hydrating, barrier repairing facial, created to leave your clients skin supple and protected from the harsh elements.

Skin type/condition:

Dry and dehydrated skin due to central heating
Outside workers or those exposed to the elements.

Treatment time:

60 minutes.

Treatment Description:

The Eve Taylor® Winter Rescue Facial relieves your skin from redness, irritation and dryness this season. With the cosy warmth of steam towels and nutrient rich oatmeal your skin will be left soothed, hydrated and nourished. (60 minutes).

Key homecare products to recommend:

Ultra Soothing Cleanser
Hydrating Serum
Seal & Protect Lip Balm

After completing the **Eve Taylor® Consultation Card** to ensure you have considered all client information, potential contra-indications and adaptations, you may proceed with the facial.

1. Remove eye and lip make-up with **Micellar Cleanse - Eye & Lip** on cotton pads.
2. Cleanse face with **Clear Cleanse®** on dry skin. Wet hands and repeat cleansing routine. Remove thoroughly
3. Carry out **Skin Profiling Analysis** using a magnifying lamp.
4. Cleanse for a second time applying **Ultra Soothing Cleanser** and use **Facial cleansing Brush** x2 for an enhanced cleanse. Remove with sponges.
5. Mix **Soothing Cleanser** and **Exfoliating Scrub** together, spread over face, neck and décolleté and work around in gentle circular motions, focussing on any areas of skin build up. Remove exfoliant thoroughly with a steam towel infused with **Chamomile Hydrolat**.
6. Apply **Soothing Aromatic Serum (No1)** to face, neck and décolleté and proceed with **Eve Taylor® Drainage Massage**. Blot off any residue but do not remove.
7. Prepare client with dampened cotton pads over the eyes and place gauze dampened with **Chamomile Hydrolat** over the face, neck and décolleté. Mix 2 level scoops (100 grams) of **Colloidal Oatmeal Masque** with approximately 50ml of warm water and add 6 pumps of **Colloidal Activator**, mix until a creamy paste is achieved. With spatula apply masque over gauze in a thick even application and leave under steam for 15 minutes (the steam will keep the masque moist without increasing the temperature of the client's skin). Alternatively, apply a layer of gauze over the top of the masque and drape a warm steam towel to keep the masque moist.
8. Perform neck and shoulder massage using the warm luxurious **Frankincense, Amber & Cedarwood Aromawax Massage Candle**, ensuring you sooth tension in the shoulder area.
9. Roll gauze upwards from the neck to the forehead and lift away. Gently massage any creamy residue into the skin for maximum benefits or gently remove residue with a warm steam towel infused with **Chamomile Hydrolat**
10. Smooth **Hydrating Serum** on face, neck and décolleté.
11. Spritz **Ultra Soothing Toner** directly to the skin.
12. Apply **Nourishing Eye Complex** to eye area.
13. Protect the skin with **Ultra Soothing Moisture Cream** mixed with **Moisturising Solar Shield SPF 25**.
14. Finish facial with application of **Seal & Protect Moisturising Lip Balm**.
15. Complete **Eve Taylor® Skin Profiling Recommendation Sheet** for home care recommendations.