



Dry Skin

Indications

- Dullness
- Dehydrated
- Irritation

Products Required

- Micellar Make Up Remover
- Clear Cleanse
- Soothing Cleanser
- Exfoliating Scrub
- Enzyme Peel
- Lavender Hydrolat
- Firming Serum
- Oxygen Response
- Aromatic Serum #1
- Soothing Massage Oil
- Bio Masque
- Anti-Stress Massage Oil
- Hydrating Serum
- Soothing Toner
- Refining Eye Gel
- Soothing Cream

Soothing Facial for Dry Skin

This facial is for anyone experiencing tight, flaking, dull or irritated skin. Ideal for anyone needing to rebuild their lipid barrier, calm irritation and deeply nourish and moisturize lipid dry skin.
60 min Level 2

Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with cool towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. **Soothing Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with sponges or towels.
5. **Exfoliating Scrub:** Add water and apply to the face and neck. Work into the face. Remove with warm towels.
6. **Enzyme Peel:** Apply onto the skin in an even layer and spritz with **Lavender Hydrolat** to keep product wet. Remove with warm towels.
7. Spritz skin with **Lavender Hydrolat**. Apply **Firming Serum** onto the skin in a press and roll motion.
8. Apply **Oxygen Response** and ensure it is fully absorbed in before applying aromatic treatment serum.
9. **Aromatic Serum #1:** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage.
10. **Soothing Massage Oil:** Apply massage oil to the face, neck and shoulders. Perform a full European massage. Do not remove oil. Indirect high frequency may be used at this point.
11. **Bio Masque:** Mix 90 ml of tepid water or a 50/50 mix of water and **Lavender Hydrolat** and mix masque and apply evenly over the face and neck. Perform a hand and arm massage with **Anti-Stress Massage Oil**
12. Press **Hydrating Serum** onto the skin. Spritz **Soothing Toner** onto the skin and work into **Hydrating Serum**. Make sure product has fully absorbed in before going to the next step.
13. Re-apply **Aromatic Serum** in a press and roll motion over the face.
14. Apply **Refining Eye Gel** with finger pads around eyes and temples.
15. Apply **Soothing Cream** to finish.
16. If during the day apply and SPF to finish