



## Dry/Dehydrated Skin

### Indications

- Dry Skin
- Calm irritated skin
- Deeply nourish

### Products Required

- Micellar Make Up remover
- Clear Cleanse
- Soothing Cleanser
- Soothing Toner
- Exfoliating Scrub
- Aromatic Serum #1
- Soothing Face Massage Oil
- Soothing Mask
- Refining Eye Gel
- Soothing Cream

## Soothing Facial for Dry Skin

**This facial is for anyone experiencing tight, flaking, dull or irritated skin. Introductory facial, great for anyone needing to rebuild their lipid barrier, calm irritation and deeply nourish and moisturize lipid dry skin.**  
**45-60 min Level 1**

### Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with warm towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. **Soothing Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with sponges or towels.
5. **Exfoliating Scrub:** Add water to the product and work into the skin for 3-5 minutes. Remove with warm towels.
6. **Aromatic Serum #1:** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage.
7. **Soothing Massage Oil:** Apply massage oil to the face, neck and shoulders. Perform a full European massage. Do not remove oil. Indirect high frequency may be used at this point.
8. **Soothing Mask:** Apply in an even manner over the face and neck. Perform a hand and arm massage with Anti Stress Massage Oil
9. Spritz **Soothing Toner** onto the skin.
10. Re-apply **Aromatic Treatment Serum** in a press and roll motion over the face.
11. Apply **Refining Eye Gel** with finger pads around eyes and temples.
12. Apply **Soothing Cream** to finish.
13. If during the day apply SPF