



Combination Skin

This facial incorporates four elements:

FIRE: from the burning candle

WATER: from the foot basin and gentle mist landing on the clients face (luca spray would also be a good additional if available)

EARTH: from the basalt stones and products using natural botanicals and essential oils from the earth they grew

AIR: from the aromatic experience of the essential oils being diffused into the air and the client breathing them in.

Prior to the treatment starting, be sure to warm up some basalt stones, light an aroma candle and get the diffuser ready.

When the client arrives fill up foot basin adding in some flower petals.

Products Required

- Aroma Wax Candle
- Micellar Makeup Remover
- Clear Cleanse
- Cleanser
- Exfoliating Scrub
- Bio Cream or Enzyme Peel
- Aromatic Serum #1-#6
- Massage Oil
- Cryogenic Masque
- Peppermint Hydrolat
- Advanced Serum
- Refining Eye Gel
- Lip Balm
- SPF Cream

Signature Elemental Facial Fire, Water, Earth, Air

90 min Level 3

Treatment Protocol

1. Have client put feet in water basin. Explain the treatment and go over consultation form. While they are sitting have them smell 3 different Diffuser **Blend** options. Add in the one they choose and turn diffuser on.
2. Do a mini foot scrub with the **Exfoliating Mousse**, rinse off feet in the water basin and remove to dry. Instruct client how to get onto bed.
3. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
4. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with cool towels.
5. Use a magnifying lamp to analyze skin and record your findings.
6. **Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with warm towels.
7. **Exfoliating Scrub:** Add water and work into the skin for 3-5 minutes. Remove.
8. **Enzyme Peel:** Apply onto the face and neck. Let sit for 5-8 minutes. While product is on preform a mini scalp massage with Body Serum #10 on temples. Occasionally spritz face/product with a **Toner** to keep activated. Remove.
9. **Aromatic Serum (#1-#6):** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage.
10. **Massage Oil:** Apply massage oil to the face, neck and shoulders. Perform a facial massage with the basalt stones
11. **Advanced Masque:** Mix 90 ml of tepid water or a 50/50 mix of water and **Hydrolat**. Mix masque and apply evenly over the face and neck. Perform a hand and arm massage with **Aroma Wax Candle** and basalt stones. Move onto the leg and perform a lower leg and foot massage just as you did with the hands and arms.
12. Remove masque and use 4x4 gauze dampened by a Hydrolat to remove any excess masque still on the skin.
13. Spritz with **Orange Hydrolat**.
14. Re-apply **Aromatic Serum** in a press and roll motion over the face.
15. Apply **Refining Eye Gel** with finger pads around eyes and temples.
16. **Lip Balm:** Apply Eve Taylor Lip Balm to the lips using a Q-tip.
17. Apply **C+ Bright Priming Moisturiser** to finish.