



Combination Skin

Products Required

- Hug in a Bottle
- Aromatic Candle
- Micellar Make Up Remover
- Clear Cleanse
- Ultra Soothing Cleanser
- Exfoliating Scrub
- Bio Cream
- Rose and Orange Hydrolat
- Aromatic Serum #1-#6
- Massage Oil
- Advanced Masque
- Advanced Serum
- Refining Eye Gel
- SoothiC+ Bright Priming Moisturiser

Rose Facial for Mothers Day

**This facial is for anyone experiencing stress in need of pampering and relaxation. Ideal for special occasions, mothers day special and duo spa days
90 min Level 3**

Treatment Protocol

1. Begin treatment by having client soak their feet in a water basin with rose petals. Go over Consultation form. Have **Hug in a Bottle** diffusing in the room. Light an **Aromatic Candle**.
 2. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads via rose water and remove eye and lip makeup.
 3. **Clear Cleanse:** Apply product to the face and then add rose water to emulsify. Work in and then remove with cool towels.
 4. Use a magnifying lamp to analyze skin and record your findings.
 5. **Ultra Soothing Cleanser:** Apply product to the skin with rose water to emulsify and work into skin. Remove with warm towels.
 6. **Exfoliating Scrub** or Microdermabrasion.
 7. **Bio Cream:** Apply onto the face and neck. Let sit for 5-8 minutes. While product is on preform a mini scalp massage with Body Serum #10 on temples.
 8. Spritz face with **Rose Hydrolat**
 9. **Aromatic Serum (#1-#6):** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage. Could incorporate cupping if desired.
 10. **Massage Oil:** Apply massage oil to the face, neck and shoulders. Could incorporate indirect high frequency if desired.
 11. **Advanced Masque.** Mix 90 ml a 50/50 mix of water and **Rose Hydrolat.** mix masque and apply evenly over the face and neck. Perform a hand and arm massage using 2 drops of **Hug in a Bottle** missed with a base oil or lotion. Perform a foot massage by scooping out melted wax from the aromatherapy candle and working into the skin. Especially the heels where skin tends to be drier.
 12. Remove masque and use 4x4 gauze dampened by **Orange Hydrolat** to remove any excess masque still on the skin.
 13. Apply **Advanced Serum** and infuse with galvanic iontophoresis
 14. Spritz with **Rose Hydrosol.**
 15. Re-apply **Aromatic Serum** in a press and roll motion over the face.
 16. Apply **Refining Eye Gel** with finger pads around eyes and temples.
 17. Apply **C+ Bright Priming Moisturiser** to finish. Can add a small amount of **Rose Hydrolat** to lotion if desired.
- End treatment by giving client a rose themed drink.