



Products Required

- BIO Cream Exfoliant or Exfoliating Body Mousse
- Firming Serum or Illuminating Serum
- Cryogenic Masque or Brightening Masque
- Aromatic Serum #5 or #6
- AromaWax Candle

Hand Facial

This could be sold as a stand-alone treatment or as an add on to facials, body treatments, or manicures. This treatment will reduce unwanted age spots, firm loose skin and hydrate hands all in one go.

Begin by lighting an aromatic candle to begin warming the wax

Treatment Protocol

1. Begin by having client wash their hands prior to the treatment.
2. Apply **BIO Cream Exfoliant** to the tops of hands. Let sit for 3-5 minutes.
3. Remove exfoliator with a warm towel ensuring no product got left behind (check between fingers!)
4. Alternatively – Use the **Exfoliating Body Mousse** for this step on people needing a gentler exfoliation
5. **Firming Serum:** Apply serum ontop on hands in a press and roll motion. Mix **Cryogenic Masque** then quickly apply masque to back of hands. Half the masque on one hand the other half on the other hand. Let sit for 10 minutes. Remove by peeling off. Alternatively, use **Illuminating Serum** and **Brightening Masque** if pigmentation is more of a concern to the client.
6. Apply **Aromatic Serum #5 or #6** to the back of the hands in a press and roll motion.
7. **Aromatic Candle Wax:** Scoop candle wax out of glass and massage into the hands, cuticles and lower arm area. Leave client a towel at the end of the treatment to remove any excess oils or wax for the skin.