



Combination Skin

Indications

- Antioxidant Protection

Products Required

- Clear Cleanse
- Ultra Soothing Cleanser
- Exfoliating Scrub
- Bio Cream
- Body Serum #10
- Aromatic Serum #1-#6
- Massage Oil
- Antioxidant Masque
- Anti-Stress Massage Oil
- Brightening Serum
- Hydrating Serum
- Dynamic Resurfacing Toner
- Nourishing Eye Complex
- Lip Balm
- C+ Bright Priming Moisturiser

Green Tea Infused AntiOxidant Facial

This facial incorporates the antioxidant power of green tea right into the facial accompanied by products rich in botanicals that also provide antioxidant protection.

75—90 min Level 3

Treatment Protocol

1. **Clear Cleanse:** Apply product to the face and then add green tea water to emulsify. Work in and then remove with warm towels.
2. Use a magnifying lamp to analyze skin and record your findings.
3. **Ultra Soothing Cleanser:** Apply product to the skin with green tea water to emulsify and work into skin. Remove with warm towels.
4. **Exfoliating Scrub :** Add green tea water and work into the skin for 3-5 minutes, Remove with a warm towel.
5. **Bio Cream:** Apply onto the face and neck. Let sit for 5-8 minutes. While product is on preform a mini scalp massage with **Body Serum #10** on temples. Remove with warm towels then wipe face with 4x4 cotton pads soaked in green tea infused water
6. **Aromatic Serum (#1-#6):** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage. Could incorporate facial cupping
7. **Massage Oil:** Apply massage oil to the face, neck and shoulders. Could incorporate indirect high frequency
8. **AntiOxidant Masque:** Apply evenly over the face and neck. Place green tea bags from water onto eyes. Ensure to squeeze out excess water before placing to avoid water getting into eyes. Perform a hand and arm massage with **Anti-Stress Massage Oil**
9. Remove masque and use 4x4 gauze dampened by a green tea infused water to remove any excess masque still on the skin.
10. Apply **Brightening Serum** and infuse with galvanic iontophoresis
11. Apply **Hydrating Serum** with a press and roll motion onto the skin
12. Spritz with **Dynamic Resurfacing Toner.**
13. Re-apply **Aromatic Serum** in a press and roll motion over the face.
14. Apply **Nourishing Eye Complex** with finger pads around eyes and temples.
15. Apply lotion or cream of choice. Add a small amount of green tea into moisturizer and massage into skin
16. **Lip Balm:** Apply Eve Taylor Lip Balm to the lips using a Q-tip.
17. Apply **C+ Bright Priming Moisturiser** SPF 30 to finish.

Give client a cup of green tea to drink post treatment