



Mature Skin

Indications

- Fine Lines & Wrinkles
- Firms
- Hydrates
- Even complexion

Products Required

- Micellar Makeup Remover
- Clear Cleanse
- Dynamic Resurfacing Cleanser
- Bio Cream
- Firming Serum
- Aromatic Serum #1-#6
- Revitalising Massage Oil
- Cryogenic Masque
- Peppermint or Rose Hydrolat
- Anti-Stress Massage Oil
- Brightening Serum
- Hydrating Serum
- Refining Eye Gel
- Lip Balm
- C+ Bright Priming Moisturiser

Firming Facial for Mature Skin

This facial is for anyone experiencing fine lines, wrinkles and overall loss of structural integrity. Firms, hydrates, evens complexion for a revitalized and rejuvenated look
75—90 min Level 3

Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with cool towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. **Dynamic Resurfacing Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with warm towels.
5. Microdermabrasion. Follow machine protocols.
6. **Bio Cream:** Apply onto the face and neck. Let sit for 5-8 minutes. While product is on preform a mini scalp massage with Body Serum #10 on temples.
7. Apply **Firming Serum** in a press and roll motion onto the face and neck. You may infuse with direct high frequency if desired
8. **Aromatic Serum (#1-#6):** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage. Could incorporate facial cupping
9. **Revitalizing Massage Oil:** Apply massage oil to the face, neck and shoulders. Could incorporate indirect high frequency
10. **Cryogenic Masque:** Mix 90 ml of tepid water or a 50/50 mix of water and **Peppermint or Rose Hydrolat**. mix masque and apply evenly over the face and neck. Perform a hand and arm massage with **Anti-Stress Massage Oil**
11. Remove masque and use 4x4 gauze dampened by **Rose Hydrolat** to remove any excess masque still on the skin.
12. Apply **Brightening Serum** and infuse with galvanic iontophoresis
13. Apply **Hydrating Serum** with a press and roll motion onto the skin
14. Spritz with **Rose Hydrosol**.
15. Re-apply **Aromatic Serum** in a press and roll motion over the face.
16. Apply **Refining Eye Gel** with finger pads around eyes and temples.
17. **Lip Balm:** Apply Eve Taylor Lip Balm to the lips using a Q-tip.
18. Apply **C+ Bright Priming Moisturizer** to finish.