



Mature Skin

Indications

- Fine Lines & Wrinkles
- Firms
- Hydrates
- Evens complexion

Products Required

- Micellar Make Up remover
- Clear Cleanse
- Dynamic Resurfacing Wash
- Exfoliating Scrub
- Bio Cream
- Body Serum #10
- Firming Serum
- Aromatic Serum #1-#6
- Revitalising Massage Oil
- Anti-Oxidant Mask
- Peppermint or Rose Hydrolat
- Cryogenic Masque
- Anti-Stress Massage Oil
- Brightening Serum
- Hydrating Serum
- Refining Eye Gel
- C+ Bright Priming Moisturiser

Firming Facial for Mature Skin

This facial is for anyone experiencing fine lines, wrinkles and overall loss of structural integrity. Firms, hydrates, evens complexion for a revitalized and rejuvenated look
60 min Level 2

Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with cool towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. **Dynamic Resurfacing Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with warm towels.
5. **Exfoliating Scrub:** Add water and massage into skin for 3-5 minutes, remove with warm towels.
6. **Bio Cream:** Apply onto the face and neck. Let sit for 5-8 minutes. While product is on preform a mini scalp massage with **Body Serum #10** on temples.
7. Apply **Firming Serum** in a press and roll motion onto the face and neck.
8. **Aromatic Serum (#1-#6):** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage.
9. **Revitalizing Massage Oil:** Apply massage oil to the face, neck and shoulders.
10. **Anti-Oxidant Mask:** Apply to the face and neck and let sit for 15-20 min.
11. UPGRADE: Mix 90 ml of tepid water or a 50/50 mix of water and **Peppermint or Rose Hydrolat** into **Cryogenic Masque** and apply evenly over the face and neck. Perform a hand and arm massage with **Anti-Stress Massage Oil**
12. Remove masque and use 4x4 gauze dampened by Rose Hydrolat to remove any excess masque still on the skin.
13. Apply **Brightening Serum**
14. Apply **Hydrating Serum** with a press and roll motion onto the skin
15. Spritz with **Rose Hydrolat**.
16. Re-apply **Aromatic Serum** in a press and roll motion over the face.
17. Apply **Refining Eye Gel** with finger pads around eyes and temples.
18. Apply **C+ Bright Priming Moisturiser** to finish.