



Mature Skin

Indications

- Fine lines & Wrinkles
- Firming
- Even out skin tone

Products Required

- Micellar Make Up remover
- Clear Cleanse
- Dynamic Resurfacing Cleanser
- Bio Cream
- Body Serum #10
- Aromatic Serum (#1-#6)
- Revitalising Massage Oil
- AntiOxidant Mask
- Rose Hydrolat
- Refining Eye Gel
- C+ Bright Priming Moisturiser

Firming Facial for Mature Skin

This introductory facial is for anyone experiencing fine lines, wrinkles and overall loss of structural integrity. Firms, hydrates, evens complexion for a revitalized and rejuvenated look
45— 60 min Level 1

Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with warm towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. **Dynamic Resurfacing Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with warm towels.
5. **Bio Cream:** Apply onto the face and neck. Let sit for 5-8 minutes. While product is on preform a mini scalp massage with **Body Serum #10** on temples.
6. **Aromatic Serum(#1-#6):** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage.
7. **Revitalising Massage Oil:** Apply massage oil to the face, neck and shoulders.
8. **AntiOxidant Mask:** Apply to the face and neck and let sit for 15-20 min.
9. Remove masque and use 4x4 gauze dampened by **Rose Hydrolat** to remove any excess masque still on the skin.
10. Spritz with **Rose Hydrolat**.
11. Re-apply **Aromatic Treatment Serum** in a press and roll motion over the face.
12. Apply **Refining Eye Gel** with finger pads around eyes and temples.
13. Apply **C+ Bright Priming Moisturiser** to finish.