



Combination Skin

Indications

- Boost Circulation
- Firm skin

Products Required

- Aroma Wax Candle
- Micellar Makeup Remover
- Clear Cleanse
- Cleanser
- Exfoliating Scrub
- Bio Cream or Enzyme Peel
- Aromatic Serum #1-#6
- Massage Oil
- Cryogenic Masque
- Peppermint Hydrolat
- Advanced Serum
- Refining Eye Gel
- Lip Balm
- SPF Cream

Fire and Ice Facial for Rejuvenation

FIRE - Steamer, Hot Stones and Candle

ICE - Cryo globes and cryogenic masque with cold lotion

At the beginning of the treatment place your cryo globes and SPF into refrigerator. Warm up basalt stones and light an aromatic candle.

This facial is for anyone wanting a unique facial experience that will boost circulation, relax the muscle and firm the appearance of the skin.

75 min Level 3

Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with cool towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. **Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with warm towels.
5. **Exfoliating Scrub:** Add water and massage into skin for 3-5 minutes. Use steamer Remove.
6. **Bio Cream or Enzyme Peel:** Apply onto the face and neck. Let sit for 5-8 minutes. While product is on preform a mini scalp massage with Body Serum #10 on temples.
7. **Aromatic Serum (#1-#6):** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage.
8. **Massage Oil:** Apply massage oil to the face, neck and shoulders. Use warm basalt stones to massage the face, neck and décolleté.
9. **Cryogenic Masque:** Mix 50/50 of water and **Peppermint Hydrolat**. Mix masque and apply evenly over the face and neck. Perform a hand and arm massage with **Aroma Wax Candle**
10. Remove masque and use 4x4 gauze dampened by **Peppermint Hydrolat** to remove any excess masque still on the skin.
11. Apply **Advanced Serum** and infuse with Cryo Globes
12. Spritz with **Peppermint Hydrosol**.
13. Re-apply **Aromatic Serum** in a press and roll motion over the face.
14. Apply **Refining Eye Gel** with finger pads around eyes and temples.
15. **Lip Balm:** Apply Eve Taylor Lip Balm to the lips using a Q-tip.
16. Apply cold **SPF Cream** to finish.