



Products Required

- Exfoliating Scrub
- Wellbeing Massage Oil OR Rescue & Repair Cream

Retail:

- Exfoliating Mousse
- Wellbeing Massage Oil & Bath Oil

Express Body Glow

Ideal for anyone wanting to rejuvenate and hydrate their skin. Great for post winter, spray tan prep, lackluster dry skin or anyone who gets body waxing done and is prone to getting ingrown hairs.
30 - 45 min

Treatment Protocol

1. Have client lay face up under the sheets and begin with a full body scrub using the **Exfoliating Scrub**. Have client use recovery position and bend legs to avoid constant flipping on the bed. Remove scrub with warm towels as you go.
2. Use either **Wellbeing Massage Oil** OR **Rescue & Repair Cream** to massage the body using relaxation massage techniques.
3. Give client a warm towel at the end of the treatment incase they want to remove and excess oil from their skin.
4. Retail **Exfoliating Mousse** and **Wellbeing Massage and Bath Oil** to the client

Ensure you give the client extra time to get up and drink lots of water post treatment