



## Products Required

- Exfoliating Mousse
- Aqua Mass
- Body Treatment Oil #11 OR #302
- Body Treatment Oil #10
- Marine Mud Body Wrap
- Aromatic Serum #1-#6
- Cellulite Body Massage Oil
- Cellu-lose Contour Cream

## Detox Eliminating Treatment

Ideal for anyone experiencing water retention, sluggish circulation, cellulite, build up of toxins in the system or looking to kickstart a healthy lifestyle. This treatment will detoxify the body while the client relaxes in a warm cocoon and enjoys the luxuries of a full body relaxation massage.

### Treatment Protocol

1. Dry Brush. Start by dry body brushing the entire body or specific target area.
2. **Exfoliating Mousse:** Add **Aqua Mass** to scrub and apply in circular motions to the body. With a hot towel remove scrub.
3. **Body Serum # 11 or #302:** Apply one pump to each area/section of the body using finger tips.
4. **Marine Mud Body Wrap:** Remove masque from the hot towel cabinet and ensure it is not too warm. Depending on the size and area you are treating you will need to adjust the amount of masque. As soon as one section of the body is covered in mask wrap the body with mylar to keep the heat in. Leave the full body wrapped for 20-30 minutes for maximum results.
5. While masque is on: Apply a small amount of **Body Treatment Oil #10** to the temples and complete a scalp massage. OR Use **Aromatic Serum #1-#6** to complete a facial lymphatic drainage.
6. Remove **Marine Mud Body Wrap:**. Use a shower or hot towels to ensure all mask is off of the body.
7. Massage **Cellulite Body Massage Oil** into all areas of the body using relaxation massage techniques. Client can choose between a 30 minutes massage or a 60 minute massage, predetermined at booking.
8. Add On: Upgrade to a cupping massage during step #7 for treatment with an RMT.
9. Finish the body treatment with **Cellu-lose Contour Cream** in areas needed during the massage.

Ensure you give the client extra time to get up and drink lots of water post treatment