



Dermaplaning Facial

45—60 min Level 3

Products Required

- Micellar Make Up Remover
- Purifying Wash
- Peel Prep Solution
- Lip Balm
- Aromatic Serum #2
- Microfine Exfoliant
- Peppermint Hydrolat
- Advanced Serum
- Soothing Gel Masque
- Bio Masque
- Anti-Stress Massage Oil
- Chamomile Hydrolat
- Refining Eye Gel
- C+ Bright Priming Moisturiser

Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Purifying Wash:** Apply product to the face and then add water to emulsify. Work in and then remove with cool towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. Apply a **Peel Prep Solution** to the face using approximately 6 pumps on a 2x2 cotton square
5. **Lip Balm:** Apply Eve Taylor Lip Balm to the lips using a Q-tip.
6. **Aromatic Serum #1:** Apply 2-4 drops of the serum in a press and roll motion onto the face and neck.
7. Dermaplaning Procedure Apply gloves and proceed with dermaplaning routine
8. **Microfine Exfoliant & Peppermint Hydrolat:** Spritz Peppermint Hydrolat on the skin. Apply Microfine Exfoliant to finger tips and add water to emulsify. Work into lather and apply to the face, exfoliate the entire face and neck. If the exfoliator begins to dry, spritz with Peppermint Hydrolat. Remove product with warm towel.
9. Apply **Advanced Serum** in a press and roll motions onto the face and neck.
10. **Soothing Gel Masque:** Apply to the face, neck and décolleté. Leave for 15 minutes.
11. **UPGRADE:** Mix 90 ml of tepid water or a 50/50 mix of water and **Peppermint Hydrolat**. Mix **Bio Masque** and apply evenly over the face and neck.
12. Perform a hand and arm massage with **Anti-Stress Massage Oil** while the masque sits on
13. Remove masque and use 4x4 gauze dampened by **Peppermint Hydrolat** to remove any excess masque still on the skin.
14. Apply **Advanced Serum** and infuse with galvanic iontophoresis if desired
15. Spritz with **Chamomile Hydrolat**.
16. Re-apply **Aromatic Serum** in a press and roll motion over the face.
17. Apply **Refining Eye Gel** with finger pads around eyes and temples.
18. **Lip Balm:** Apply Eve Taylor Lip Balm to the lips using a Q-tip.
19. Apply **C+ Bright Priming Moisturiser** to finish.