



## Combination Skin

### Indications

- Rebalance
- Rehydrate
- Hormonal Breakouts

### Products Required

- Micellar Make Up Remover
- Clear Cleanse
- Ultra Soothing Cleanser
- Microfine Exfoliant
- Chamomile Hydrolat
- Nourishing Serum
- Aromatic Serum #2
- Delicate Massage Oil
- Bio Masque
- Anti-Stress Massage Oil
- Oxygen Response Serum
- Hydrating Serum
- Ultra Soothing Toner
- Refining Eye Gel
- Ultra Soothing Cream
- Lip Balm

## Cooling Facial for Hypersensitive Skin

**This facial is for anyone experiencing extreme redness, sensitivity, irritation, heat and overall inflammation. Ideal for anyone needing to rebuild their lipid barrier, calm irritation and balance microcirculation.**

**75—90 min Level 3**

Before the treatment, place marble or jade stones into a bowl of ice water. Use cool towels instead of hot for removal. No steam should be used during this facial.

### Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with cool towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. **Ultra Soothing Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with cool towels.
5. **Microfine Exfoliant:** Add some **Chamomile Hydrolat** in with the Microfine Exfoliant. Work into the skin and let the product sit to allow the enzymes to work. Remove with cool towels.
6. **Nourishing Serum:** Apply serum in a press and roll motion onto the face & neck.
7. **Aromatic Serum #2:** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage.
8. **Delicate Massage Oil:** Apply massage oil to the face, neck and shoulders. Take cold stones or roller out of the cold water and massage the face, neck and shoulders.
9. **Bio Masque:** Mix 90 ml of tepid water or a 50/50 mix of water and **Chamomile Hydrolat**. mix masque and apply evenly over the face and neck. Perform a hand and arm massage with **Anti-Stress Massage Oil**
10. Remove masque and use 4x4 gauze dampened by **Chamomile Hydrolat** to remove any excess masque still on the skin.
11. Apply **Oxygen Response Serum** and infuse with galvanic iontophoresis
12. Apply **Hydrating Serum** and spritz with **Ultra Soothing Toner**. Allow product to fully absorb in before next step. Electrical machines could be used with the hyaluronic acid at this point.
13. Re-apply **Aromatic Serum #2** in a press and roll motion over the face.
14. Apply **Refining Eye Gel** with finger pads around eyes and temples.
15. Apply **Ultra Soothing Cream** to finish. You may glide cold stones or cryo globes over the face for 1-2 minutes while cream absorbs into the skin.
16. **Lip Balm:** Apply Eve Taylor Lip Balm to the lips using a Q-tip.
17. If during the day apply an SPF