



Sensitive Skin

Indications

- Extreme redness on skin
- Sensitivity
- Irritation
- Inflammation

Products Required

- Micellar Make Up remover
- Clear Cleanse
- Ultra Soothing Cleanser
- Microfine Exfoliant
- Chamomile Hydrolat
- Ultra Soothing Toner
- Hydrating Serum
- Aromatic Serum #2
- Delicate Massage Oil
- Soothing Mask
- Anti-Stress Massage Oil
- Refining Eye Gel
- Ultra Soothing Cream

Cooling Facial for Hypersensitive Skin

This facial is for anyone experiencing extreme redness, sensitivity, irritation, heat and overall inflammation. Introductory facial, Ideal for anyone needing to rebuild their lipid barrier, calm irritation and balance microcirculation.
45-60 min Level 1

Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with cool towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. **Ultra Soothing Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with cool towels.
5. **Microfine Exfoliant:** Add some **Chamomile Hydrolat** in with the Microfine Exfoliant. Work into the skin and let the product sit to allow the enzymes to work. Remove with cool towels.
6. Spritz **Ultra Soothing Toner** onto the skin and work in with **Hydrating Serum**. Make sure product has fully absorbed in before apply aromatic treatment serum.
7. **Aromatic Serum #2:** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage.
8. **Delicate Massage Oil:** Apply massage oil to the face, neck and shoulders. This step is optional as warmth from hands may increase erythema on face.
9. **Soothing Mask:** Apply evenly over the face and neck. Perform a hand and arm massage with **Anti-Stress Massage Oil**
10. Remove masque and use 4x4 gauze dampened by **Chamomile Hydrolat** to remove any excess masque still on the skin. Electrical machines could be used with the hyaluronic acid at this point.
11. Spritz with **Ultra Soothing Toner**.
12. Re-apply **Aromatic Treatment Serum #2** in a press and roll motion over the face.
13. Apply **Refining Eye Gel** with finger pads around eyes and temples.
14. Apply **Ultra Soothing Cream** to finish.
15. If during the day apply SPF