



## Combination Skin

### Indications

- Rebalance
- Rehydrate
- Hormonal Breakouts

### Products Required

- Micellar Make Up Remover
- Clear Cleanse
- Balancing Cleanser
- Enzyme Peel
- Balancing Toner
- Germanium Hydrolat
- Firming Serum
- Aromatic Serum #4
- Soothing Massage Oil
- Bio Masque
- Anti-Stress Massage Oil
- Hydrating Serum
- Brightening Serum
- Refining Eye Gel
- Lip Balm
- Balancing Lotion

## Balancing Facial for Combination Skin

**This facial is for anyone experiencing combination skin looking to rebalance and rehydrate. Great for anyone in their 30s-40s experiencing dry skin, dehydration, hormonal breakouts, or combination skin.**  
**75—90 min Level 3**

### Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with warm towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. **Balancing Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with sponges or warm towels.
5. Microdermabrasion. Follow machine guidelines.
6. **Enzyme Peel:** Apply onto the face and neck and keep wet by spritzing with **Balancing Toner**. Remove with warm towels.
7. Perform Extractions if needed.
8. Spritz **Geranium Hydrolat** onto the skin.
9. Apply **Firming Serum** using a press and roll motion onto the face. Infuse with direct high frequency.
10. **Aromatic Serum #4:** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage.
11. **Soothing Massage Oil:** Apply massage oil to the face, neck and shoulders. Perform facial massage. **Optional:** Use indirect high frequency.
12. **Bio Masque:** Mix with **Geranium Hydrolat**. Apply evenly over face and neck. Perform a hand and arm massage while mask is on with **Anti-Stress Massage Oil**. Remove with warm towels.
13. Apply 1-2 drops **Hydrating Serum** in a press and roll motion over the face.
14. Spritz with **Geranium Hydrolat**.
15. Apply **Brightening Serum** to the face in a press and roll motion. Infuse using Galvanic Iontophoresis
16. Apply **Refining Eye Gel** with finger pads around eyes and temples.
17. **Lip Balm:** Apply Eve Taylor Lip Balm to the lips using a Q-tip.
18. Apply **Balancing Lotion** to finish.
19. If during the daytime, apply an SPF