



Combination Skin

Indications

- Rebalance
- Rehydrate
- Hormonal breakouts

Products Required

- Micellar Make Up Remover
- Clear Cleanse
- Balancing Cleanser
- Exfoliating Scrub
- Enzyme Peel
- Balancing Toner
- Firming Serum
- Aromatic Serum #4
- Soothing Massage Oil
- Balancing Mask
- Anti-Stress Massage Oil
- Geranium Hydrolat
- Hydrating Serum
- Refining Eye Gel
- Balancing Lotion

Balancing Facial for Combination Skin

This facial is for anyone experiencing combination skin looking to rebalance and rehydrate. Great for anyone in their 30s-40s experiencing dry skin, dehydration, hormonal breakouts, or combination skin.

60 min Level 2

Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with warm towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. **Balancing Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with sponges or warm towels.
5. **Exfoliating Scrub:** Work into the skin, add water if irritation occurs. Remove with warm towels.
6. **Enzyme Peel:** Apply onto the face and neck and keep wet by spritzing with **Balancing Toner**. Remove with warm towels.
7. Perform Extractions if needed.
8. Spritz **Balancing Toner** onto the skin.
9. Apply **Firming Serum** using a press and roll motion onto the face.
10. **Aromatic Serum #4:** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage.
11. **Soothing Massage Oil:** Apply massage oil to the face, neck and shoulders. Perform facial massage.
12. **Balancing Mask:** Apply evenly over face and neck. Perform a hand and arm massage while mask is on with **Anti-Stress Massage Oil**. Remove with warm towels.
13. UPGRADE: Use a rubberized masque mixed with **Geranium Hydrolat**
14. Apply 1-2 drops **Hydrating Serum** in a press and roll motion over the face.
15. Spritz with **Balancing Toner**.
16. Apply **Brightening Serum** to the face in a press and roll motion
17. Apply **Refining Eye Gel** with finger pads around eyes and temples.
18. Apply **Balancing Lotion** to finish.
19. If during the daytime, apply an SPF