



Combination Skin

Indications

- Rebalance
- Rehydrate

Products Required

- Micellar Make Up remover
- Clear Cleanse
- Balancing Cleanser
- Balancing Toner
- Exfoliating Scrub
- Aromatic Serum #4
- Soothing Face Massage Oil
- Balancing Mask
- Hydrating Serum
- Refining Eye Gel
- Balancing Lotion

Balancing Facial for Combination Skin

This facial is for anyone experiencing combination skin looking to rebalance and rehydrate. Introductory facial Great for anyone in their 30s-40s experiencing dry skin, dehydration, hormonal breakouts, or combination skin.
45-60 min Level 1

Treatment Protocol

1. **Micellar Eye and Lip Makeup Remover:** Apply some product to damp cotton pads and remove eye and lip makeup.
2. **Clear Cleanse:** Apply product to the face and then add water to emulsify. Work in and then remove with warm towels.
3. Use a magnifying lamp to analyze skin and record your findings.
4. **Balancing Cleanser:** Apply product to the skin with water to emulsify and work into skin. Remove with sponges or warm towels.
5. **Exfoliating Scrub:** Work into the skin, add water if irritation occurs. Remove with warm towels.
6. Perform Extractions if needed.
7. Spritz **Balancing Toner** onto the skin.
8. **Aromatic Serum #4:** Apply 6-10 drops of serum in a press and roll motion onto the face, neck and décolleté. Perform a facial lymphatic drainage.
9. **Soothing Massage Oil:** Apply massage oil to the face, neck and shoulders. Perform facial massage.
10. **Balancing Mask:** Apply evenly over face and neck. Perform a hand and arm massage while mask is on with Anti Stress Massage Oil. Remove with warm towels.
11. Apply 1-2 drops **Hydrating Serum** in a press and roll motion over the face.
12. Spritz with **Balancing Toner**.
13. Apply **Refining Eye Gel** with finger pads around eyes and temples.
14. Apply **Balancing Lotion** to finish.
15. If during the daytime, apply an SPF