



## Products Required

- Purifying Wash
- Enzyme Peel
- Exfoliating Scrub
- Desincrustation Gel
- Tea Tree Hydrolat
- Sebum Response
- Clearing Face Massage Oil
- Purifying Mask OR Refining Clay Mask
- Oxygen response Serum
- Aromatic Serum #3 OR Body Serum #303
- Purifying Lotion

## Back Facial

**Ideal for anyone experiencing congested, oily skin on their back (back acne).  
Treatment will cleanse skin while relaxing muscles for a refreshed feeling  
60 min**

### Treatment Protocol

1. Have client lay face down under the sheets. Begin by using **Purifying Wash** with water added to cleanse the back. Work cleanser into the skin for a few minutes then remove with a warm towel. Repeat (double cleanse).
2. Apply some **Enzyme Peel** into a small bowl and add a bit of water. Mix then brush onto areas of high congestion on the back. Steaming is an option during this step. For areas not covered by **Enzyme Peel** use the **Exfoliating Scrub** and mechanically exfoliate the rest of the back. Remove all exfoliants with a hot towel.
3. Optional: Whip up **Desincrustation Gel** until it has a white foamy consistency. Apply onto areas of high congestion and either steam or use galvanic Desincrustation to liquify sebaceous congestion in follicles. Perform Extractions
4. Spritz area with **Tea Tree Hydrolat** to disinfect areas of extraction.
5. Optional: Spark using High Frequency with an argon electrode.
6. Apply **Sebum Response** onto the back using a press and roll motion. If you have high frequency use this time to infuse using the direct method with gauze.
7. Apply **Clearing Face Massage Oil** to the back and perform a back massage.
8. Apply **Purifying Mask** or **Refining Clay Mask** to the back and let sit for 15 minutes. While that is on continue with a back of leg massage.
9. Remove mask with a hot towel. Spritz with **Tea Tree Hydrolat**
10. Apply **Oxygen Response Serum** and infuse with iontophoresis
11. Use **Aromatic Serum #3** for blemishes OR **Body Serum #303** for PIH on areas needed.
12. Finish off by applying some **Purifying Lotion** to rehydrate skin.

It is best to instruct client to bring an extra clean shirt to put on afterwards to avoid bacteria from earlier getting placed back onto the skin.