



Dry/Dehydrated Skin

Indications

- Dry Skin
- Environmentally challenged skin

Products Required

- Micellar Make Up remover
- Clear Cleanse
- Ultra Soothing Cleanser
- Ultra Soothing Toner
- Exfoliating Scrub
- Rose Hydrosol
- Hydrating Serum
- Aromatic Serum (1-6)
- Soothing Face Massage Oil
- Soothing Gel Masque
- Refining Eye Gel
- Ultra Soothing Cream or Age Resist Day Cream SPF

Optional:

- Bio Cream
- No 10 Body Serum
- Diffuser Blend
- Aroma Wax Candle

Home Treatment Recommendations

- Micellar Eye & Lip Makeup Remover
- Clear Cleanse
- Ultra Soothing Cleanser
- Ultra Soothing Toner
- Bamboo Scrub
- Resurfacing Cream Exfoliant
- Aromatic Serum
- Hydrating Serum
- Soothing or AntiOxidant Masque
- Eye Gel
- Lip Balm
- Ultra Soothing Cream and/or Day

Winter Rescue Facial

This treatment is suitable for all clients that need to calm skin that is dry and aggravated in the Winter months. The treatment will remove dry flaky skin while reducing redness and improving barrier function.

Before the treatment begins, put a few drops of either **Relax** or **Hug in a Bottle** blend in a diffuser or Light an Eve Taylor **aromatic candle**.

Treatment Protocol

1. Wet cotton pads, apply **Micellar Make Up Remover** and remove eye and lip makeup.
2. Pre-Cleanse the area to be treated with **Clear Cleanse**, add water to emulsify. Thoroughly rinse and pat dry.
3. Using magnifying lamp to complete skin assessment.
4. Apply water and work **Ultra Soothing Cleanser** into facial areas. Complete cleanse and remove with warm towel.
5. Mist **Ultra Soothing Toner** lightly across facial area.
6. Add water and work **Exfoliating Scrub** into the skin in circular motions for 3-5 minutes. Remove with warm towels.
7. **Optional: Second Exfoliation.** Apply **Bio Cream** to face and neck and let it sit. Add **No 10 Body Serum** to finger pads and perform a scalp massage while exfoliator sits on skin.
8. Remove exfoliator with a warm towel and finish off by wiping face with **Rose Hydrosol** cotton pads to ensure all product has been removed.
9. Apply **Hydrating Serum** to face and neck. Spritz with toner and massage into skin, let the skin dry completely before applying the aromatic serum.
10. Add 6-10 drops of **Aromatic Treatment Serum (1-6)** to finger tips and apply using a press and roll technique. Perform facial lymphatic drainage massage.
11. Add **Soothing Face Massage Oil** and complete the massage with a European technique on the shoulders, neck, face and décolleté.
12. Mix **Bio Masque** in a bowl and add 90ml of water **or** a 50/50 mix of water and **Rose Hydrolat**. Leave for 10-15 minutes. Perform a full hand and arm massage while the masque is on
Option 1: Apply 2 drops of **diffuser blend** to unscented massage oil or lotion to massage **or Option 2:** Remove melted wax from **candle** to use as massage medium
13. Apply **Hydrating Serum** acid and spritz with **toner**. Make sure the skin is completely dry and apply 2-3 drops of an **Aromatic Serum(1-6)** over top.
14. Apply **Refining Eye Gel** around the eyes and out toward the temple.
15. . Apply **Ultra Soothing Cream** or **Age Resist Day Cream SPF** to face and neck.
16. Apply Eve Taylor **Lip Balm** to the lips using a Q-tip.

*Optional: A great add on for winter hands that are chapped and dry. Try adding **Winter Rescue Hand Treatment** while your client has their Winter Rescue Facial.*